





JOIN US FOR AN EASY MORNING WORKOUT

Kickstart your day, stay active, and have fun in a supportive environment!

9 AM - 10 AM **Every Monday in January, starting** on Jan. 6th.

> 2688 S. 127 Russell Springs, KY 42642

Call 270-866-4477 to RSVP.



Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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