



RUSSELL COUNTY

Megan Gullett, Family and Consumer Science agent with the Russell County Extension Office, will join us each session to make a presentation .

HEALTHY LIVING WITH DIABETES

**In-Person on Tuesdays
August 5th, 12th, 19th, 26th
11:00AM to 1:30PM CST**

**at Russell County Health Dept.
211 Fruit of the Loom Drive
Jamestown, KY**

 **Cooperative
Extension Service**

**FREE
GIFTS**

Register now at: www.LCDHD.org

Or call to inquire at:

800-928-4416 Option 4 Or Scan QR Code →

