

To: 4-H Camp Families  
From: Christy A. Martin  
Russell County Extension Agent for  
4-H Youth Development  
RE: 2025 4-H Camp Teen Leadership  
Date: January 7, 2025



Cooperative Extension Service  
Russell County  
2688 S. Highway 127  
Russell Springs, KY 42642  
(270) 866-4477  
Fax: (270) 866-8645  
<http://extension.ca.uky.edu>

It's time to begin thinking about 4-H summer camp! Russell Co. will attend camp June 17-20, 2025. JC/CIT/Teen Leader applications can be downloaded from the Russell Co. 4-H website (if you lose this copy). The fee structure for JCs, CITs, and Teen Leaders is determined by the fee structure of the Kentucky 4-H camping program. The fees are much less for CITs and Teen Leaders, but JC's are still considered campers and are under the more expensive fee structure.

#### Position Requirements

- JCs are junior counselors and must be 14 years old by the day that camp starts; this is a hybrid leadership position where the JC will still participate as a camper but shadow the CITs and Teen Leaders in their roles.
- CIT is a Counselor-in-Training and must be 15 years old by the day that camp starts. CITs will have some leadership responsibilities but not as much as a Teen Leader. (To attend 4-H Camp as a 15+ year old, you must have a leadership position because age 14 is the final age to be a camper.)
- Teen Leaders (ages 16-18) will assist the adult leaders in supervising the campers and ensuring that they have a positive camp experience. If you are a teen that is 18 years old, you will need to see me to get an adult volunteer packet as well; this is a requirement of the University of Kentucky once a person reaches age 18.

If you would like to apply for a leadership position, please complete the following and return to the Russell County Extension Office by February 21, 2025.

- \_\_\_ Camper application form
- \_\_\_ JC/CIT/Teen Leader application page
- \_\_\_ Current photo of you like a school picture (This can be taken at the Extension Office or e-mailed to me.)
- \_\_\_ \$10 non-refundable deposit (cash or check payable to Russell Co. 4-H Council)
- \_\_\_ If you will be age 18, pick up a 4-H Volunteer packet from me when you turn in the teen leader application.
- \_\_\_ Preferred that you have attended 4-H camp in the past or have another comparable camping experience.
- \_\_\_ Reference forms (See requirements for this based on the position that you are applying.)
- \_\_\_ Meet the February 21, 2025 deadline.

If there are more JC/CIT/Teen Leader applicants than there are available cabin spots, there may need to be an interview to determine the leaders. The Kentucky 4-H Camping program requires 24 hours of training before attending 4-H Camp as a leader. There will be additional training manuals sent to you and there will be a mandatory teen and adult leader meeting closer to camp. The remainder of the 24 hour requirement is fulfilled on the first day of camp.

For more information, please call me at 270-866-4477 or e-mail me at [christy.martin@uky.edu](mailto:christy.martin@uky.edu).

JC, CIT, and Teen Leader registration deadline is February 21, 2025!

NOTE: Late applications will not be considered for 2025 4-H Camp unless there are remaining camp spots after the camper application process or unless additional leadership is needed.

Cooperative  
Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation on prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities  
accommodated  
with prior notification

# 4-H Camp Leader App

 Cooperative Extension Service

**Camp Dates: June 17-20, 2025**

Application process

1. Fill out both sides of this form.
2. Attach a current photograph/headshot portrait.
3. Include a non-refundable \$10 deposit. (Checks are payable to Russell Co. 4-H Council.)
4. Fill out the JC/CIT/TEEN leader application attached
5. JC's do not need references.
6. CIT need one reference, and Teens need two references.
7. Meet application deadline of **February 21, 2025**.



4-Her's Name \_\_\_\_\_ Birthday \_\_\_\_\_

Mailing address \_\_\_\_\_ Age \_\_\_\_\_

Youth's cell number \_\_\_\_\_ Parent cell number \_\_\_\_\_

Parent(s)/guardian(s) name \_\_\_\_\_

Parent e-mail \_\_\_\_\_

Youth's e-mail \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

List 2-3 friends that are attending 4-H Camp that you would like to be in a cabin with? (This is not guaranteed!)

---

---

---

---

Do you have any family members attending 4-H Camp that you would like to be in the cabin with? (This is not guaranteed!)

---

---

---

---



**4-H Camp Fees/Scholarships**

The 4-H Camp fees for ages 15-18 are significantly lower than for 14 year olds. It is suggested that all JC's write a paragraph about why they want to attend 4-H camp in the lines below. CIT and Teen Leader fees will be lower than \$75.

There will be additional paperwork required by the Kentucky 4-H Camping program that will be due later. By signing below, you grant your child permission to attend 4-H Camp and agree to pay the designated camp fee whether or not your child receives a scholarship.

\_\_\_\_\_ (parent/guardian signature)

\_\_\_\_\_ (date)

JC/14 year olds scholarship paragraph about why you want to be a Junior Counselor

Multiple horizontal lines for writing a paragraph.



# Camp Leader Application

Position applying for:

JC (14 year olds)

Counselor in Training (15 year olds)

Teen Leader (16-18 year olds)

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age during 4-H Camp \_\_\_\_\_

This year, I am completing \_\_\_\_\_ grade at \_\_\_\_\_ School.

Number of years in 4-H \_\_\_\_\_ Number of years at 4-H Camp \_\_\_\_\_

-----  
List other camps you have attended \_\_\_\_\_

If you had a leadership role at these camps, please discuss it. \_\_\_\_\_

List current and previous 4-H activities that you are involved in \_\_\_\_\_

List current activities/clubs that you are involved in at school, church, community, etc. \_\_\_\_\_

Describe any leadership roles that you have in 4-H, school, church, community organizations, etc. \_\_\_\_\_

What personal strengths do you have that would make you an excellent 4-H Camp leader? \_\_\_\_\_

Why do you want to be a 4-H Camp leader? \_\_\_\_\_

How will being a 4-H Camp leader benefit you personally? \_\_\_\_\_

List any friends (along with their phone number) that you have that would be good camp leaders (male and female) that might want to attend 4-H camp as a leader, if needed?

_____	_____
_____	_____
_____	_____

If you play a musical instrument, please list. \_\_\_\_\_

Do you sing? \_\_\_\_\_

Do you hold any certificates (i.e. driver's license, CPR, lifeguard, etc.)? Please list. \_\_\_\_\_

List any special hobbies and/or talents that you have. \_\_\_\_\_

In which classes/activities would you be comfortable assisting the campers?

Archery	Rifles	Canoe
Crafts	Art	Kayak
High Ropes	Low Ropes	Fishing
Nature	Dance	Swim
Sports	Other: _____	Other: _____

**Reference Letters**

JCs (age 14) — do not need references

CITs (age 15) — need one reference

Teen Leaders (ages 16-18) — need two references

Please read carefully before signing this agreement:

I acknowledge and agree to serve in the capacity of junior counselor (JC), counselor-in-training (CIT), or teen leader to assist the younger children attending 4-H Camp to ensure that their experiences are positive. I agree to be placed in any cabin with Russell County youth so that I can develop my leadership skills and serve in this important 4-H role. I understand that I may not be in the cabin with my friends or family or adult leaders with which I am used to camping. I understand that being a JC, CIT, or Teen Leader is about working with younger campers. Preference for camp class assignments first go to the campers ages 9-13; if positions remain, JC/CIT/Teen Leaders may then participate in classes. I agree to abide by all University of Kentucky 4-H camp rules and expectations. I understand that I could be dismissed from 4-H camp for inappropriate behavior and/or violating any 4-H Camp rules.

\_\_\_\_\_  
Signature of JC/CIT/Teen Leader applicant

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

Return to:  
Russell Co. Extension Service  
c/o Christy A. Martin  
2688 S. Highway 127  
Russell Springs, KY 42642  
  
Telephone: 270-866-4477  
E-mail: christy.martin@uky.edu

T-shirt Size: (All adult sizing)  
\_\_\_ Small                      \_\_\_ XL  
\_\_\_ Medium                    \_\_\_ 2XL  
\_\_\_ Large                      \_\_\_ 3XL

**Russell Co. 4-H Camp  
Counselor-in-Training (CIT) and Teen Leader  
Reference Form**



**Name of Applicant** \_\_\_\_\_

I am interested in being a CIT or Teen Leader at 4-H Camp this summer. The 4-H Agent would like your input about my qualifications to fulfill the responsibility of a CIT/Teen Leader. Please comment on the following qualification categories and return this form to me to put with my application. Thank you.

**How would you rate the applicant?**

	Above Average	Average	Below Average
Emotional Maturity/Judgement			
Leadership ability			
Flexibility			
Communication skills			
Enthusiasm and Energy			
Self-Confidence			
Respect for authority			
Ability to complete tasks			
Ability to work with young people			
Responsibility			

**What are the applicant's strengths and weaknesses when working in a group situation?**

**Would you describe this applicant as a team player? Why or why not?**

**Do you recommend this applicant to be a 4-H Camp leader?** \_\_\_\_\_ Yes \_\_\_\_\_ No

**Additional comments:**

Reference name \_\_\_\_\_

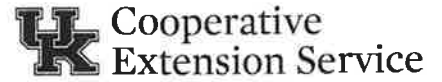
Date \_\_\_\_\_

Relationship to the applicant \_\_\_\_\_





**Russell Co. 4-H Camp  
Counselor-in-Training (CIT) and Teen Leader  
Reference Form**



**Name of Applicant** \_\_\_\_\_

I am interested in being a CIT or Teen Leader at 4-H Camp this summer. The 4-H Agent would like your input about my qualifications to fulfill the responsibility of a CIT/Teen Leader. Please comment on the following qualification categories and return this form to me to put with my application. Thank you.

**How would you rate the applicant?**

	Above Average	Average	Below Average
Emotional Maturity/Judgement			
Leadership ability			
Flexibility			
Communication skills			
Enthusiasm and Energy			
Self-Confidence			
Respect for authority			
Ability to complete tasks			
Ability to work with young people			
Responsibility			

**What are the applicant's strengths and weaknesses when working in a group situation?**

**Would you describe this applicant as a team player? Why or why not?**

**Do you recommend this applicant to be a 4-H Camp leader?** \_\_\_\_\_ Yes \_\_\_\_\_ No

**Additional comments:**

\_\_\_\_\_  
Reference name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to the applicant

**Cooperative Extension Service**  
Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.  
LEXINGTON, KY 40546



Disabilities accommodated with prior notification.