



4-H Written Communication Contest 2023

Contest: “What 4-H Means to Me” essay (500 words minimum)

Rules and Guidelines

1. Entry must be the original work of the youth entering the contest. (Entries that are plagiarized will be disqualified.)
2. Entry must be family-friendly and age-appropriate.
3. Entry must be typed or neatly printed on 8.5”x11” paper.
4. Entry must contain the youth’s name, address, e-mail address, age, date of birth, school, grade, and parent/guardian name.
5. Age category is determined by your age on December 31. Junior entries are for ages 9-13. Senior entries are for ages 14-18.
6. One (1) junior entry and one (1) senior entry will be selected to advance to the State Written Communications Contest.
7. Please submit entry by February 3, 2023 to christy.martin@uky.edu or to the following address:
Russell Co. Extension Office
c/o Christy A. Martin
2688 S. Highway 127
Russell Springs, KY 42642

Notes:

- An essay is a short piece of writing on a particular subject.
- A general guideline is to have 5 paragraphs in an essay in the following format:
Paragraph 1 — Introduction — should grab the readers attention with a “hook.” Then highlight your thesis (statement of what you want to discuss) and the main points that you want to write about.
Paragraph 2 — expand on 1st main point
Paragraph 3 — expand on 2nd main point
Paragraph 4 — expand on 3rd main point
Paragraph 5 — Conclusion — give an allusion to the “hook” in the introduction and then restate your thesis. A conclusion should be about 4 sentences.
- The essay should be a minimum of 500 words.



Disabilities
accommodated
with prior notification.